

TREATMENTS SPA – GALLIA:**SIGNATURE EXPERIENCES:**

Unique experiences to relax body and mind – 110' € 240

GALLIA BODY

It starts with a foot ritual with aromatic plants, a sublime exfoliation to the whole-body detoxifying or moisturizing, followed by a **candle** massage based on pure vegetable oils and fine emollient butters. It ends with a scalp massage that erases all traces of stress.

GALLIA FACE

The treatment starts with back exfoliation with pads that contain aromatic plants of the Mediterranean scrub. It follows a back massage with **hot stones**, a personalized facial treatment that makes the skin hydrated and bright, and finally a foot massage.

FACIAL TREATMENTS - (Blue Hour 10: 30 am - 4: 00 pm 20% discount)

REJUVENATING FACIAL LIFTING	50' € 180
<i>A luxury treatment to mitigate the signs of the times, for a luminous and revitalized skin with immediate effect.</i>	

TAILOR MADE FACIAL TREATMENT	50' € 120
<i>A treatment designed for all skin types and for all ages, using natural products selected for every skin need: nourishing, illuminating, sensitive and impure.</i>	

DEEP CLEANSE FACIAL	60' € 130
<i>Deep cleansing, steam and extraction for a smooth and bright skin. This treatment uses targeted products for all skin needs.</i>	

MALE FACIAL	50' € 120
<i>A selection of natural products for a toned and hydrated skin, suitable for soothing and energizing the face.</i>	

AEMOTIO - SPA" - (Blue Hour 10: 30 am - 4: 00 pm 20% discount)

	50' € 110
<i>Peeling on the "aemotio-spa": A scrub with Dead Sea salt, olive oil and essential oils.</i>	
<i>Mud on the "aemotio-spa": Treatment with aromatic water, raw salt and mud from the Dead Sea with essential oils, Anti-cellulite, Energizing or Toning.</i>	

BODY TREATMENTS - (Blue Hour 10: 30 am - 4: 00 pm 20% discount)

RELAXATION MASSAGE	50'/80' € 120/€ 180
<i>A complete massage suitable to relax body and mind using blends of essential oils.</i>	

DRAINING MASSAGE (jet-leg)	50' € 130
<i>A massage that helps and stimulates lymphatic circulation, ideal for tired legs, uses specific products to eliminate fluids and toxins.</i>	

DEEP MUSCLE MASSAGE	50'/80' € 140/€ 220
<i>This targeted massage alleviates deep seated discomfort, muscular stress or tension in the neck, shoulder or back areas.</i>	

SWEET MASSAGE (Pregnancy)	25'/50' € 70/€ 110
<i>A sweet massage, enveloping the whole body. Give well-being and serenity to expectant mothers.</i>	

AROMATIC HOT STONES MASSAGE	80' € 200
<i>A massage that uses hot volcanic stones releasing a deep feeling of well-being, loosens the tensions of the muscles and is also an effective remedy against insomnia.</i>	

SKALP AND BACK MASSAGE	25' € 60
<i>A massage that uses holistic techniques through light touches on the back, shoulder, neck and scalp.</i>	

SCRUB MASSAGE	25' € 60
<i>A light scrub to keep the skin soft and radiant, ideal for getting tanned.</i>	

DETOXIFYING OR MOISTURIZING WRAP	50' € 110
<i>Beautiful body exfoliating treatment for a visibly hydrated and elastic skin, ideal before any treatment.</i>	

THALASSO LINE - (Blue Hour 10: 30 am - 4: 00 pm 20% discount)

THALASSO SIGNATURE IN SPA SUITE:	90' € 220
<i>Sequence of 4 treatments that thanks to the benefits of thalassotherapy gives relaxation for the mind, deep wellbeing for the body and new vitality for the skin.</i>	

- 1' Scrub based on sea salt crystals and revitalizing plant extracts.
- 2' Thalassotherapy in the tub with Oligomer® (freeze-dried and isotonic sea water).
- 3' Reflexothermal treatment with special self-heating mud.
- 4' Trésor des mers: elixir-based body massage that releases the revitalizing benefits of the sea onto the skin.

CHAMPAGNE DE MER TREATMENT:	70' € 130
<i>A full of H2 bubbles, bimolecular hydrogen bubbles aimed at neutralizing the aggression from free radicals against premature skin aging.</i>	

P5 ALGA JAM TREATMENT:	50' € 120
<i>An exceptional slimming and reshaping treatment that combines the expert massage with the mask formulated with a special seaweed jam. The 5 powerful marine active ingredients refine the curves, shape and tone the silhouette.</i>	

LIGHT LEG TREATMENT:	50' € 120
<i>Put the wings on your feet with the special osmotic bandage. Targeted treatment to restore comfort and lightness to tired legs.</i>	

MORPHO DESIGNER TREATMENT:	50' 120 €
<i>Redesign the morphology of your body with the slimming extracts of "Pistacia Lentiscus" and marine trace elements by effectively combining three aesthetic actions: skin line, tone and quality.</i>	

SANTA MARIA NOVELLA TREATMENTS**(Blue Hour 10: 30 am - 4: 00 pm 20% discount)**

"TUSCAN OIL" RITUAL	50' € 130
<i>A ritual particularly suitable for dry and dehydrated skin, applying selected oil of Tuscany.</i>	

GRAPE SEED RITUAL	50' € 130
<i>The Wine Ritual is a multi-sensory body treatment ideal for remise en forme. This wellness treatment exploits the antioxidant, draining and refreshing properties of the majestic red vine. A light grape seed scrub and a soft red wine oil gives the skin a good hydration.</i>	

CANDLE RITUAL	50' € 130
<i>A magical ritual using scented massage candles that offers moments of well-being and relaxation for body and mind, hydrating, nourishing and perfuming the skin.</i>	

RITUAL AROMATIC SALT	50' € 130
<i>Exfoliating treatment with sea salt for a natural scrub that combines the benefits of the sea with precious essences.</i>	

LAVANDA RITUAL	50' € 130
<i>Thanks to the relaxing properties of lavanda this treatment gives harmony and well-being.</i>	

"MEDITERRANEAN PLANTS" RITUAL	50' € 130
<i>A selection of plants and aromas for a natural scrub giving the skin a youthful appearance.</i>	



BEAUTY TREATMENTS - (Blue Hour 10: 30 am- 4: 00 pm 20% discount)

SANTA MARIA NOVELLA MANICURE	50' € 60
MANICURE SEMIPERMANENT NAIL POLISH	60' € 80
PEDICURE SANTA MARIA NOVELLA	50' € 70
PODOSPA PEDICURE (WHIRLPOOL SCRUB WITH SALTS)	50' € 85
DEPILAZIONE: TOTAL WAXING	70' € 120
CLASSIC LOCALISED WAXING OR "ARABIC THREAD"	from € 15 to € 50

COUPLE TREATMENTS - SPA SUITE

"A SEA OF CUDDLES"	110' € 330
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Hammam, bio-sauna - emotional shower, pomegranate-scented bath in whirlpool bath, couple massage, relaxation on double bed, fresh fruit and a flute of bubbles.

"SPA SUITE" WITH FRIENDS	160' € 500 (max. 6 people)
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Reserve the spa suite for a special moment (bachelor party – birthday - anniversary) Hammam, sauna, emotional shower, private Jacuzzi. Including a flute of bubbles and a fruit plate. Including a massage. Additional massage € 120 per person.

HAIRDRESSER - 04: 00 pm - 08: 00 pm (closed on Mondays)

STYLING	€ 35,00
COLORING	€ 55,00
LADY HAIR CUTTING	€ 35,00
HIGHLIGHTS	€ 90,00
COMBING	€ 25,00
HAIRSTYLE	€ 45,00
MAN HAIR CUTTING & SHAMPOO	€ 30,00
RESTRUCTURING CREAM	€ 10,00
HEALING VIALS	€ 10,00
COLORING SHAMPOO	€ 20,00

DAY SPA

"MY TIMES"	150' € 190
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A wellness path, an exfoliation with a jet of rain, a facial or a relax massage.

SPA & LIGHT LUNCH	€ 160
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A wellness path, 1 treatment to choose between a 50' massage or facial or scrub or wrap treatment, lunch at Gallia Beach Club.

"APE & SPA"	€ 140
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Entry path, 1 treatment to choose between a 50' massage or facial or scrub or wrap treatment, pool aperitif.

"SPA & APE & DINNER"	€ 190
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Entry path, 1 treatment to choose between a 50' massage or facial or scrub or wrap treatment, pool aperitif and dinner at our "la Terrazza" restaurant.

SINGLE ACCESS

THERMARIUM / FRIGIDARIUM / FITNESS € 50 per person (for clients not staying at Gallia Palace)
The following spa facilities are available at the Spa at Gallia: Outdoor saltwater pool, whirlpool beds and cervical waterfall, sauna, Hammam, emotional showers, indoor hydromassage pool, Finnish showers, ice waterfall, Technogym equipped gym, relaxation area, changing rooms. Max 3 h.

ETIQUETTE:

The spa environment privileges relaxation and tranquility while respecting the right of guests to privacy and serenity. Therefore, please silence all your electronic devices and it is strictly forbidden to smoke.

All treatments and solutions of the Spa must be guaranteed by credit card.

Arrival: we recommend you to arrive up to 30 minutes before the treatment for a consultation card. The Spa provides: towels, bathrobes, slippers and everything necessary for the duration of the visit. Minimum Age: access to the SPA and the gym is forbidden under-16s.

Cancellation policy: for the cancellation of a treatment less than 24 hours before the appointment, the full amount will be charged. Any delays will be considered as a reduction of your treatment time.

Valuables: Gallia-SPA declines any responsibility for the loss or subtraction of valuables brought and / or delivered to the Spa.

Health: please inform us of any health problems, allergies or diseases that may have repercussions with the treatment chosen.

Gift Certificates / Gift: an ideal gift for any occasion. For information, please contact the spa staff.

Pregnancy: we have selected some specific treatments for you for this special period - consult our therapists.

GALLIA SPA

**TREATMENTS**

HOUR: 10: 30 am-1: 00 pm / 2: 00 pm-8: 30 pm
 ✉: spa@galliapalace.it ☎ +39 0564 922022 - Int.: 333
 "BLU" HOUR 10: 30 am-4: 00 pm 20% discount

since 1962  Punta Ala, Tuscany, Italy